

**Mt. San Antonio College
Employee Wellness Committee
Group Memory of February 5, 2020**

Committee Members:

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|---|---|---|---|
| <input checked="" type="checkbox"/> Duetta Langevin | <input type="checkbox"/> Sandra Weatherilt | <input type="checkbox"/> Melissa Aguirre | <input checked="" type="checkbox"/> Arthur Gonzalez |
| <input checked="" type="checkbox"/> Joanne Franco | <input checked="" type="checkbox"/> Marti Whitford | <input type="checkbox"/> Stacy Lee | <input type="checkbox"/> Alexis Carter |
| <input type="checkbox"/> Joe Jennum | <input checked="" type="checkbox"/> Zaira Jimenez | <input checked="" type="checkbox"/> Lance Heard | <input checked="" type="checkbox"/> Andie Solorzano (notes) |
| <input checked="" type="checkbox"/> K.C Kranz | <input checked="" type="checkbox"/> Lianne Greenlee | | |

ITEM	DISCUSSION/COMMENTS	ACTION/OUTCOME
1. Welcome/Introductions		
2. Agenda Review	Reviewed	
3. Review Group Memory – December 4, 2019	Reviewed and Approved	Andie will post to the website
4. Wellness Program Incentive Point System	<p>We have added this agenda item as a standing item. The Incentive program is something that the committee has wanted to create and roll out with the goal of using walker tracker, wellness incentives through SISC and CalPERS. Also to make classes available where the employee can earn points.</p> <p>The committee discussed getting the Board of Trustees involved along with really promoting it with the managers and having speakers go to the monthly manager meetings. Also the question came up again of “who will manage this incentive program?”</p> <p>Target Campaigns – Focus on smaller groups and meetings throughout campus.</p>	

<p>5. Kaiser Mobile Health Vehicle Summary Report</p>	<p>K.C. reviewed the Report from Kaiser dated November 8, 2019 with the committee. The Mobile Health Vehicle attended our Employee Wellness Fair.</p>	
<p>6. New Year's Celebrations Walker Tracker Challenge</p>	<p>This challenge has 283 participants that registered. We will raffle a \$100 gift card for those who meet the goal. 19 people have met that goal.</p> <p>KC will send out a reminder about adding your activities on the app.</p>	
<p>7. New Year's Celebration Wrap Up Party</p>	<p>The wrap up party is scheduled for March 2, 2020 on Founder's Hall. Timeframe of 2pm- 3:30pm. The giveaway will be a duffle bag with the Mt. SAC Live Well logo.</p>	
<p>8. Upcoming Employee Wellness Events</p>	<p>K.C. will start a challenge for Spring that will start mid to end of April.</p> <p>There will also be lectures from St. Jude coming up in Spring.</p> <p>Marti informed the group that Adjunct Faculty can get health care through health services. Most do not know and we need to get the word out. Possible ways to do that are sending an email to them when they start and also mention at New Hire Orientation. The next one is scheduled for February 20, 2020.</p> <p>Duetta shared with the committee about a meal prep company that she has used and wanted to provide the information.</p>	

9. Purpose and Function Statement – Approved	PAC has approved the Purpose and Function.	Andie will update it was Lance Heard as a member.
10. Committee Goals and Progress Report – Approved	PAC has approved the Committee Goals. Progress report is due later this year.	

FUTURE MEETING DATES

March 4, 2020
April 1, 2020
May 6, 2020