

1. Assessment Plan - Four Column



PIE - Kinesiology, Athletics & Dance: Kinesiology Unit

Narrative Reporting Year

2017-18

Contact Person: Liz Ward

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Internal Conditions, Trends, or Impacts : Facilities: The demolition of 50G has impacted other facilities, especially the soccer fields and Building 44. The fire agility classes, football classes, track and field classes have had to be creative in facility usage.

Critical Decisions Made by Unit: Developed Distance Learning curriculum for KIN 17 - Intro to Kinesiology
Developed Distance Learning curriculum for KIN 44 Theory of Coaching

Notable Achievements for Theme A: To Advance Academic Excellence and Student Achievement: 349 AA with Emphasis in Kinesiology Degrees were awarded to students in 2017-2018.

20 Athletic Trainer Certificates awarded to students in 2017-2018.

11 Coaching Certificates awarded to students in 2017-2018.

8 Personal Trainer Certificates awarded to students in 2017-2018.

Notable Achievements for Theme B: To Support Student Access and Success: Comprehensive assessment and outreach to students close to attaining Athletic Trainer, Coaching and Personal Trainer Certificates.

Contributors to the Report: Robert Jastrab - Kinesiology

KC Kranz - Kinesiology

Mike Landas - Kinesiology

Ali Oliver - Kinesiology

Robert Purcell - Kinesiology

David Rivera - Kinesiology

Ruby Rojas - Kinesiology

Juan Sanchez - Kinesiology

Ron Kamaka - Kinesiology

Bill Ito - Kinesiology

Brian Crichlow - Kinesiology

Chris Jackson - Kinesiology

Ron Kamaka - Kinesiology

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| Unit Goals | Resources Needed | Where We Make an Impact: Closing the Loop on Goals and Plans |
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Upgrade technology related to performance assessment -
Systematically improve the technology used within classrooms that assists in the evaluation of student performance
Status: Active
Goal Year(s): 2016-17, 2017-18
Date Goal Entered (Optional): 09/01/2016

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| <p>Provide Outstanding programs for students - Support individual programs success through improved resources Status: Active Goal Year(s): 2016-17, 2017-18, 2018-19 Date Goal Entered (Optional): 09/01/2016</p> | <p>Full Funding Requested - Adidas soccer balls Lead: Juan Sanchez One-Time Funding Requested (if applicable): 900 Planning Unit Priority: Medium</p> | |
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| | <p>Full Funding Requested - 3 cases of Elastikon Tape 3" x 2.5 yd. (48/case) Lead: Mike Landas One-Time Funding Requested (if applicable): 800 Planning Unit Priority: High</p> | |
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| | <p>Full Funding Requested - Dumb-Bells (5lbs - 100 lbs) & Racks Lead: Bob Jastrab One-Time Funding Requested (if applicable): 13500 Planning Unit Priority: High</p> | <p>Reporting Year: 2017-18 % Completed: 100 Dumbbells used to develop muscular strength and endurance. (07/20/2018)</p> |
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| | <p>Full Funding Requested - Olympic Bars & Rubber Weights Lead: Bob Jastrab One-Time Funding Requested (if applicable): 22000 Planning Unit Priority: High</p> | <p>Reporting Year: 2016-17 % Completed: 100 Provided a safer and more functional lifting environment increasing the number of lifting stations resulting in an increase in student success. (06/23/2017)</p> | <p>; Students' productivity increased due to students having less downtime between exercise sessions resulting in an increase in student success. (06/25/2017)</p> |
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| Unit Goals | Resources Needed | <i>Where We Make an Impact: Closing the Loop on Goals and Plans</i> | |
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| | <p>Full Funding Requested - Professional Stability Balls & Inflator Lead: Bobby Purcell One-Time Funding Requested (if applicable): 1050 Planning Unit Priority: High</p> <p>Full Funding Requested - 12 Person TRX Professional Pack Lead: Bobby Purcell One-Time Funding Requested (if applicable): 2999 Planning Unit Priority: High</p> | | |
| | <p>Full Funding Requested - Functional Mount Structure Lead: K C Kranz One-Time Funding Requested (if applicable): 2250 Planning Unit Priority: High</p> | | |
| | <p>Full Funding Requested - Abdominal Strength Machine Lead: K C Kranz One-Time Funding Requested (if applicable): 3088 Planning Unit Priority: High</p> | | |
| | <p>Full Funding Requested - HD Video Camera Lead: Bob Jastrab One-Time Funding Requested (if applicable): 900 Planning Unit Priority: High</p> | | |
| | <p>Full Funding Requested - Kwik equipment, cones, sticks, hurdles and vests Lead: Juan Sanchez One-Time Funding Requested (if applicable): 1000 Planning Unit Priority: High</p> | <p>Reporting Year: 2016-17 % Completed: 100 Cones and vests provided structure to teach and demonstrate technical and tactical skills. Sticks were used for various fitness, technical and tactical training sessions. (06/23/2017)</p> | <p>; The Kwik equipment allowed for student improvement and success in Soccer. (06/28/2017)</p> |
| | <p>Full Funding Requested - 3 Slosh Balls (1 medium @ \$144; 2 small @</p> | | |

| <i>Unit Goals</i> | <i>Resources Needed</i> | <i>Where We Make an Impact: Closing the Loop on Goals and Plans</i> |
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\$135)
Lead: Brian Crichlow
One-Time Funding Requested (if applicable): 414
Planning Unit Priority: High
Full Funding Requested - 24 Molten Fabric Volleyballs
Lead: Ali Carey Oliver
One-Time Funding Requested (if applicable): 360
Planning Unit Priority: High

Full Funding Requested - Molten Ball Cart
Lead: Ali Carey Oliver
One-Time Funding Requested (if applicable): 200
Planning Unit Priority: High

Full Funding Requested - Polar Heart Rate Monitors
Lead: Melinda Bowe
One-Time Funding Requested (if applicable): 7500
Planning Unit Priority: High

Reporting Year: 2017-18
% Completed: 100
 Demonstrate the benefits of physical conditioning and exercise guidelines. (07/20/2018)

Full Funding Requested - Instruction DVDs
Lead: Melinda Bowen
One-Time Funding Requested (if applicable): 300
Planning Unit Priority: High

Reporting Year: 2016-17
% Completed: 100
 High positive impact on student learning and success. (06/23/2017)

: Students' learning and success were positively impacted due to the viewing of related DVDs (06/28/2017)

Full Funding Requested - Deep tissue foam rollers
Lead: Melinda Bowen
One-Time Funding Requested (if applicable): 250
Planning Unit Priority: High

Full Funding Requested - 2 Sit and Reach boxes
Lead: Melinda Bowen
One-Time Funding Requested (if

| <i>Unit Goals</i> | <i>Resources Needed</i> | <i>Where We Make an Impact: Closing the Loop on Goals and Plans</i> |
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applicable): 310
Planning Unit Priority: Medium
Full Funding Requested - Voodoo flossing bands (Pair) (4)
Lead: Mike Landas
One-Time Funding Requested (if applicable): 96
Planning Unit Priority: Medium

Full Funding Requested - Thera Balls
Lead: Melinda Bowen
One-Time Funding Requested (if applicable): 250
Planning Unit Priority: Medium

Full Funding Requested - HP Office jet Pro X476dw All in one printer
Lead: K C Kranz
One-Time Funding Requested (if applicable): 699
Planning Unit Priority: High

Full Funding Requested - Shade Structure
Lead: Chris Jackson
Planning Unit Priority: High

Completed - 5 TOM (Training Opponent Mannequins)
Lead: Juan Sanchez
One-Time Funding Requested (if applicable): 1280
Planning Unit Priority: High

Reporting Year: 2016-17
% Completed: 100
 TOM Mannequins have provided instruction on specific techniques and used as defenders to apply tactical offensive movements enabling student skill improvement and success. (06/23/2017)

Completed - TRX Training System and training and accessories
Lead: Melinda Bowen
One-Time Funding Requested (if applicable): 3000
Planning Unit Priority: High

Reporting Year: 2016-17
% Completed: 100
 TRX Training System was received after Spring semester and consequently the impact can not be calculated until Fall semester. (07/05/2017)

Full Funding Requested - Lift Chair replacement: Spectrum Product Manufacturer Part No. 27336 water powered lift

| <i>Unit Goals</i> | <i>Resources Needed</i> | <i>Where We Make an Impact: Closing the Loop on Goals and Plans</i> |
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| | <p>Lead: Chris Jackson One-Time Funding Requested (if applicable): 4800 Planning Unit Priority: High Full Funding Requested - Endless Pool 7.5 HP motor</p> | |
| | <p>Lead: Chris Jackson One-Time Funding Requested (if applicable): 33950 Planning Unit Priority: High</p> | |
| | <p>Full Funding Requested - 4 Large wheeled storage bins (ULine H1956R 20 bushel poly box truck red or blue \$325 ea Lead: Chris Jackson One-Time Funding Requested (if applicable): 1300 Planning Unit Priority: High</p> | |
| | <p>Completed - 5 Stationary Bikes Lead: Bob Jastrab One-Time Funding Requested (if applicable): 16500 Planning Unit Priority: High</p> | <p>Reporting Year: 2016-17 % Completed: 100 Replaced old and outdated equipment and provided more options for warm-up and col-down. Better cardio options on program design enabled student improvement and success. (06/23/2017)</p> |
| | <p>Full Funding Requested - 2 Go Pro cameras and software Lead: Chris Jackson One-Time Funding Requested (if applicable): 800 Planning Unit Priority: High</p> | |
| | <p>Full Funding Requested - Custom sized mats for Wrestling/ Martial Arts Room Lead: David Rivera One-Time Funding Requested (if applicable): 30000 Planning Unit Priority: High</p> | |
| | <p>Completed - Outdoor rated video monitor (LED screen)</p> | |

Unit Goals

Resources Needed

Where We Make an Impact: Closing the Loop on Goals and Plans

Lead: Chis Jackson
One-Time Funding Requested (if applicable): 9500
Planning Unit Priority: High
Full Funding Requested - 2 Perfect Shade Covers \$3000 each
Lead: Melinda Bowen
One-Time Funding Requested (if applicable): 6000
Planning Unit Priority: High

Full Funding Requested - 50 cones
Lead: Melinda Bowen
One-Time Funding Requested (if applicable): 25
Planning Unit Priority: High

Full Funding Requested - Multiple Play and Training equipment (Balls, whistles, flags, clipboards)
Lead: Melinda Bowe
One-Time Funding Requested (if applicable): 500
Planning Unit Priority: High

Full Funding Requested - HawkGrips Soft Tissue Therapy IASTM Tools
Lead: Mike Landas
One-Time Funding Requested (if applicable): 1623
Planning Unit Priority: High

Full Funding Requested - 4 Voodoo flossing bands (Pair)
Lead: Mike Landas
One-Time Funding Requested (if applicable): 96
Planning Unit Priority: High

Full Funding Requested - 4 Elastic stretching straps
Lead: Mike Landas
One-Time Funding Requested (if applicable): 60

| <i>Unit Goals</i> | <i>Resources Needed</i> | <i>Where We Make an Impact: Closing the Loop on Goals and Plans</i> |
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Planning Unit Priority: High
Full Funding Requested - 5 boxes of
 Stitch/Seam 1 1/12 White Tape
 (100/case)
Lead: Mike Landas
**One-Time Funding Requested (if
 applicable):** 500
Planning Unit Priority: High

Full Funding Requested - Increase
 Lifeguard Budget
Lead: Chris Jackson
**One-Time Funding Requested (if
 applicable):** 3000
Planning Unit Priority: High

Full Funding Requested - 4 x 14 lbs.
 Medicine Balls
Lead: Chris Jackson
**One-Time Funding Requested (if
 applicable):** 288
Planning Unit Priority: High

Full Funding Requested - Body Fat
 Analyzer
Lead: Melinda Bowen
**One-Time Funding Requested (if
 applicable):** 67
Planning Unit Priority: Medium

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| <p>Completed - 10 Fire Structure Gloves Lead: Liz Ward One-Time Funding Requested (if applicable): 690 Planning Unit Priority: High</p> | <p>Reporting Year: 2016-17 % Completed: 100 Students were able to perform tasks using gloves that are mandated by by Fire Agencies. (06/28/2017)</p> |
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| <p>Completed - 2 Turnout Jackets Lead: Liz Ward One-Time Funding Requested (if applicable): 1150 Planning Unit Priority: High</p> | <p>Reporting Year: 2016-17 % Completed: 100 Students were able to perform required testing with mandatory turnout jackets . (06/28/2017)</p> |
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Full Funding Requested - 10 Jump
 Ropes (not leather)
Lead: Liz Ward

| Unit Goals | Resources Needed | Where We Make an Impact: Closing the Loop on Goals and Plans |
|------------|---|---|
| | <p>One-Time Funding Requested (if applicable): 200 Planning Unit Priority: High Completed - 5 foam rollers Lead: Liz Ward One-Time Funding Requested (if applicable): 175 Planning Unit Priority: High</p> | <p>Reporting Year: 2016-17 % Completed: 100 Students are able to perform deep tissue massage preventing future injury allowing for continued improvement in performance and student success. (06/23/2017)</p> |
| | <p>Completed - 20 S & R Sport (\$20 ea) Lead: Chris Jackson One-Time Funding Requested (if applicable): 400 Planning Unit Priority: High</p> | |
| | <p>Full Funding Requested - 20 Traditional Hand Paddles (\$12 ea) Lead: Chris Jackson One-Time Funding Requested (if applicable): 240 Planning Unit Priority: High</p> | |
| | <p>Full Funding Requested - 2 8 lbs. Sledge Hammers Lead: Liz Ward One-Time Funding Requested (if applicable): 60 Planning Unit Priority: High</p> | |
| | <p>Completed - 2 Three-in-one wood plyometric box Gopher Performance Lead: Chris Jackson One-Time Funding Requested (if applicable): 150 Planning Unit Priority: High</p> | |
| | <p>Completed - 165 lbs. Dummy Lead: Liz Ward One-Time Funding Requested (if applicable): 1005 Planning Unit Priority: High</p> | <p>Reporting Year: 2016-17 % Completed: 100 Students perfected dummy drag techniques required for fire agility testing. (06/23/2017)</p> |
| | <p>Full Funding Requested - Yoga Straps/Resistance Bands</p> | |

| <i>Unit Goals</i> | <i>Resources Needed</i> | <i>Where We Make an Impact: Closing the Loop on Goals and Plans</i> |
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Lead: Bobby Purcell
One-Time Funding Requested (if applicable): 325
Planning Unit Priority: High
Full Funding Requested - Push/Pull Sled

Lead: Bobby Purcell
One-Time Funding Requested (if applicable): 700
Planning Unit Priority: High

Full Funding Requested - Lock Down Collars

Lead: Bobby Purcell
One-Time Funding Requested (if applicable): 540
Planning Unit Priority: Medium

Completed - 12 Dozen Diamond 12 Cal-CC Softballs
Lead: Ruby Rojas
One-Time Funding Requested (if applicable): 720
Planning Unit Priority: High

Reporting Year: 2016-17
% Completed: 100
 Student were able to practice and improve softball skills achieving student success. (06/23/2017)

Full Funding Requested - 5 Louisville Softball Bats
Lead: Ruby Rojas
One-Time Funding Requested (if applicable): 2000
Planning Unit Priority: High

Completed - 3 Dozen Mini Training Softballs
Lead: Ruby Rojas
One-Time Funding Requested (if applicable): 300
Planning Unit Priority: High

Reporting Year: 2016-17
% Completed: 100
 Students were able to improve eye-hand coordination using smaller diameter training balls. (06/23/2017)

Full Funding Requested - 4 Elastic stretching Straps
Lead: Mike Landas
One-Time Funding Requested (if applicable): 60

| Unit Goals | Resources Needed | Where We Make an Impact: Closing the Loop on Goals and Plans |
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| | <p>Planning Unit Priority: Medium Full Funding Requested - 2 Complex Edge Muscle Simulator Lead: Mike Landas One-Time Funding Requested (if applicable): 800 Planning Unit Priority: Low</p> | |
| | <p>Full Funding Requested - Kettlebell Stand - Gopher Performance Lead: Chris Jackson One-Time Funding Requested (if applicable): 375 Planning Unit Priority: High</p> | |
| | <p>Full Funding Requested - 2 Rip Trainers Lead: Brian Crichlow One-Time Funding Requested (if applicable): 400 Planning Unit Priority: High</p> | <p>Reporting Year: 2016-17 % Completed: 100 Students were able develop necessary core strength to effectively reach SLO's in the activity course. (06/28/2017)</p> |
| | <p>Completed - 60 kicking shields (\$85 ea.) Lead: David Rivera One-Time Funding Requested (if applicable): 5100 Planning Unit Priority: High</p> | <p>Reporting Year: 2016-17 % Completed: 100 Kickshields have been used to improve a variety of kicking strikes partner training. (06/23/2017)</p> |
| | <p>Full Funding Requested - Medium ball storage cart. Lead: David Rivera One-Time Funding Requested (if applicable): 750 Planning Unit Priority: Medium</p> | |
| | <p>Completed - 25 Thai Pads (\$100 ea.) Lead: David Rivera One-Time Funding Requested (if applicable): 2500 Planning Unit Priority: Medium</p> | <p>Reporting Year: 2016-17 % Completed: 100 Thai pads have allowed student to develop punching and kicking technique against a real target, while providing student safety by offering protection to the partner. (06/23/2017)</p> |
| | <p>Completed - 40 pairs Focus Mitts (\$65 ea.)</p> | <p>Reporting Year: 2016-17 % Completed: 100</p> |

| <i>Unit Goals</i> | <i>Resources Needed</i> | <i>Where We Make an Impact: Closing the Loop on Goals and Plans</i> |
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| | <p>Lead: David Rivera One-Time Funding Requested (if applicable): 2600 Planning Unit Priority: Medium Full Funding Requested - 40 jump ropes (not leather - \$20 ea.) Lead: David Rivera One-Time Funding Requested (if applicable): 800 Planning Unit Priority: Medium</p> | <p>Focus Mitts have allowed student to develop fighting reflexes (rhythm, timing, accuracy) punching technique, defense technique and fighting strategy. (06/23/2017)</p> |
| | <p>Full Funding Requested - 12 Wilson Evolution Basketballs Lead: Brian Crichlow One-Time Funding Requested (if applicable): 600 Planning Unit Priority: High</p> | |
| | <p>Completed - 2 Fire Helmets Lead: Liz Ward One-Time Funding Requested (if applicable): 500 Planning Unit Priority: High</p> | <p>Reporting Year: 2016-17 % Completed: 100 Students were able to perform Fire Agility testing with mandatory fire helmets. (06/28/2017)</p> |
| | <p>Full Funding Requested - 2 TRX Pro Suspension trainers Lead: Brian Crichlow One-Time Funding Requested (if applicable): 500 Planning Unit Priority: High</p> | <p>Reporting Year: 2016-17 % Completed: 100 Students were able develop necessary core strength to effectively reach SLO's in the activity course. (06/28/2017)</p> |
| | <p>Full Funding Requested - Circle slide circle slide board Lead: Brian Crichlow One-Time Funding Requested (if applicable): 550 Planning Unit Priority: High</p> | <p>Reporting Year: 2016-17 % Completed: 100 The circle slide increased the students ability to change direction and react quicker laterally during drills and exercises. (06/28/2017)</p> |
| | <p>Full Funding Requested - Indoor Drive Sled II Lead: Brian Crichlow One-Time Funding Requested (if applicable): 300</p> | |

| <i>Unit Goals</i> | <i>Resources Needed</i> | <i>Where We Make an Impact: Closing the Loop on Goals and Plans</i> |
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Planning Unit Priority: Medium
Full Funding Requested - 50 Exercise Mats
Lead: KC Kranz
One-Time Funding Requested (if applicable): 1300
Planning Unit Priority: High

Full Funding Requested - 2 Mat Storage Racks
Lead: KC Kranz
One-Time Funding Requested (if applicable): 300
Planning Unit Priority: High

Full Funding Requested - Stability Ball Rack
Lead: KC Kranz
One-Time Funding Requested (if applicable): 200
Planning Unit Priority: High

Full Funding Requested - 2 Upright Stationary Bikes
Lead: KC Kranz
One-Time Funding Requested (if applicable): 4782
Planning Unit Priority: High

Reporting Year: 2016-17
% Completed: 100
 Allowed students to improve cardiovascular endurance and overall fitness. (06/23/2017)

Full Funding Requested - 55" flat screen TV with Apple TV.
Lead: David Rivera
One-Time Funding Requested (if applicable): 1000
Planning Unit Priority: High

Reporting Year: 2017-18
% Completed: 100
 TV Monitor has been used to critique student performance and provide personal feedback. (07/20/2018)

Full Funding Requested - Projector and screen in team/class room
Lead: Brian Crichlow
One-Time Funding Requested (if applicable): 1500
Planning Unit Priority: Medium

Reporting Year: 2016-17
% Completed: 100
 The TV provided students with an opportunity to view themselves pre and post competition to aide in physical improvements during their physical activities. (06/28/2017)

Full Funding Requested - Smart

Unit Goals

Resources Needed

Where We Make an Impact: Closing the Loop on Goals and Plans

Classroom - 27A 109
Lead: Liz Ward
One-Time Funding Requested (if applicable): 5000
Planning Unit Priority: High
Full Funding Requested - WiFi in 27C mat room
Lead: David Rivera
Planning Unit Priority: High

Full Funding Requested - Multipurpose Storage Rack
One-Time Funding Requested (if applicable): 190
Planning Unit Priority: High

Full Funding Requested - 5 cases of Stitch/Seam 1 1/2 White Tape (100/case)
Lead: Mike Landas
Planning Unit Priority: High

Full Funding Requested - 24 Molten Lite Volleyballs
Lead: Ali Carey Oliver
One-Time Funding Requested (if applicable): 840
Planning Unit Priority: High

Full Funding Requested - 8 x 65 cm SKLZ stability ball from Eastbay at \$26 each x 8 = \$208 + tax and shipping = \$250
10 S&R Sport Stretchcordz with handles \$37 each x 10 = \$370 tax & shipping \$444
Describe Plans & Activities
Supported: Swimming (W) - To allow for student improvement and success in the sport of Swimming.
Lead: Chris Jackson
One-Time Funding Requested (if applicable): 694

Unit Goals

Resources Needed

Where We Make an Impact: Closing the Loop on Goals and Plans

Planning Unit Priority: High
Full Funding Requested - 3 KAP7
Water Polo Bounce Back (for KIN A 14) 3x\$200.00=\$600.00
+tax/shipping \$720.00 Low Priority
20 SwimOutlet Fins - various sizes
20x\$25.00 = \$500.00 + tax/shipping \$600.00 High Priority
Describe Plans & Activities
Supported: Water Polo - To allow for student improvement and success in the sport of Water Polo.
Lead: Chris Jackson
One-Time Funding Requested (if applicable): 1320
Planning Unit Priority: High

Full Funding Requested - 2 sets York Barbells \$1000 each x 2 = \$2000 with tax and Shipping \$2400
5 Weighted Vests \$120 each x 25= \$600 with tax and Shipping \$720
2 Sets of Medicine Balls \$500 x 2 = \$1000 with tax and Shipping \$1200
1 Set of Synergy Software \$8000 with tax and Shipping \$9600
Describe Plans & Activities
Supported: Basketball (M) - To allow for student improvement and success in the sport of basketball.

Lead: Clark Maloney
One-Time Funding Requested (if applicable): 13920
Planning Unit Priority: High

Full Funding Requested - 48 Rubber Olympic Weights from 5-45 lbs.
\$50.00 x 48=\$2,400.00 + tax/ship \$2,880.00
set Medical Balls \$2,109.00

Unit Goals

Resources Needed

Where We Make an Impact: Closing the Loop on Goals and Plans

1 Kettlebells set \$1,500.00 +
tax/ship = \$1,800.00
12 TRX - student pack \$200.00 x 12=
\$2,400.00 + tax/ship = \$2,880.00
6 Plyo Boxes \$135.00 x 6= \$810.00 +
tax/ship = \$972.00
3 Beast Band Packs \$259.00 x 3=
\$777.00 + tax/ship = \$932.40
1 Troy dumbbell set & rack (3-15lbs)
\$1,800.00 \$1,800.00 +
tax/ship = \$2,160.00
1 Troy dumbbells (55-100)
\$2,500.00 \$2,500.00
+ tax/ship = \$3,000.00
6 Rogue Bars 2.0 \$255.00 x6 =
\$1,530.00 + tax/ship = \$1,836.00
16 Rogue Barbell Collars \$49.50 x
16= \$792.00 + tax/ship = \$950.40
4 Rogue MG-2 Multi Grip Bar
\$245.00 x 4= \$980.00 + tax/ship =
\$1,176.00
2 Rogue TB-2 Trap Bar \$375.00 x 2=
\$750.00 + tax/ship = \$900.00

Describe Plans & Activities

Supported: Bld. 44 Weight Training -
To allow for student improvement
and success in weight training
classes.

Lead: Robert Jastrab

**One-Time Funding Requested (if
applicable):** 7862.4

Planning Unit Priority: High

Full Funding Requested - Volleyball -
To allow for student improvement
and success in the sport of
Volleyball.

3 Volleyball nets \$20,000 x 3 =
\$60,000 + tax/ship = \$72,000

Describe Plans & Activities

Unit Goals

Resources Needed

Where We Make an Impact: Closing the Loop on Goals and Plans

Supported: Volleyball - To allow for student improvement and success in the sport of Volleyball.

Lead: Ali Oliver

One-Time Funding Requested (if applicable): 72000

Planning Unit Priority: High

Full Funding Requested - 30

Bulgarian weight bags \$259.00 x 30 = \$7,770.00 + tax/ship = \$9,324.00

35 Champion Leather Jump Rope \$17.99 x 35 = \$629.65 + tax/ship = \$755.58

120 Kali Stick \$8.99 x 120 = \$1,078.80 + tax/ship = \$1,294.56

1 Century Bob Torso Training Bag \$369.99 \$369.99 + tax/ship = \$443.99

60 Standard Yoga Bolster \$74.95 x 60 = \$4,497.00 + tax/ship = \$5,396.40

4 Assault Airbike aka Airdyne \$799.00 x 4 = \$3,196.00 + tax/ship = \$3,835.20

8 Cases of Mat Tape \$179.90 x 8 = \$1,439.20 + tax/ship = \$1,727.04

Describe Plans & Activities

Supported: Wrestling - To allow for student improvement and success in the sport of Wrestling.

Lead: David Rivera

One-Time Funding Requested (if applicable): 22777

Planning Unit Priority: Medium

Full Funding Requested - \$500.000 for construction.

Describe Plans & Activities

Supported: Wrestling Team Room -

| <i>Unit Goals</i> | <i>Resources Needed</i> | <i>Where We Make an Impact: Closing the Loop on Goals and Plans</i> |
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Will be use by Wrestling Team during fall to build team bonding and encourage collaboration and team work/team spirit. Will help with getting to know each other better and communication each other.

Lead: David Rivera
One-Time Funding Requested (if applicable): 500
Planning Unit Priority: High
Full Funding Requested - 1 MATRIX REAR DELT/FLY MACHINE \$2,312.50
 1 MATRIX SEATED LEG CURL MACHCINE \$2,227.50
 1 MATRIX 3 WAY PRESS MACHINE \$2,312.50
 1 MATRIX HIP ADDUCTOR/ABDUCTOR MACHINE \$2,562.50
 1 SHIPPING FOR ABOVE MACHINES \$699.00
 1 INSTALLATION FOR ABOVE MACHINES \$399.00
 + Tax of \$858.76
 ESWC - Equipment upgrade to provide students with the equipment necessary for cardiovascular and strength improvement to achieve success.
Describe Plans & Activities
Supported: ESWC - Equipment upgrade to provide students with the equipment necessary for cardiovascular and strength improvement to achieve success.
Lead: KC Kranz
One-Time Funding Requested (if applicable): 11371
Planning Unit Priority: High

Reporting Year: 2017-18
% Completed: 100
 Allows students to achieve SLO's #1 and #2 to increase muscular strength and endurance. (07/20/2018)

Full Funding Requested - 20 Gopher **Reporting Year:** 2017-18

| <i>Unit Goals</i> | <i>Resources Needed</i> | <i>Where We Make an Impact: Closing the Loop on Goals and Plans</i> |
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Pacer 200 Stop watches \$10.95 x 20
 = \$219.00 + tax/ship = \$239.00
 1 set of 6 Neverwear Segmented
 Jump ropes \$25.00 +
 tax/ship = \$28.00
 4 Bosu Balance Balls
 \$209.00 x 4 = \$836.00 = tax/ship =
 \$911.24
 2 Turnout Jackets \$670.00 x
 2 = \$1,340.00 tax/ship = \$1,460.00
 20 Fire Structure Gloves
 \$40.00 x 20 = \$800.00 = ship/tax =
 \$872.00
 2 Fire Helmets \$220.00 x 2 =
 \$440.00 + tax/ship = \$479.60

Describe Plans & Activities

Supported: Fire Agility - To upgrade existing equipment as well as add additional equipment to allow students to improve and succeed in meeting fire agency physical agility standards as well as meet Agility course SLOs.

Lead: Liz Ward

One-Time Funding Requested (if applicable): 3989.84

Planning Unit Priority: High

Full Funding Requested - 2 Baby
 Anne 4 Pack 2 x \$445.00 =
 \$890.00 + ship/hand = \$1,000.00
 6 MATResponder Tourniquet
 2 x \$31.00 = \$189.00 +
 ship/hand = \$213.00
 20 AED Pads (Non-link) 20 x
 \$26.98 = \$537.00 + ship/hand =
 \$607.99

4 CPR Kyle Three Year Old
 Child Manikin 4 x \$337.00 =
 \$1,348.00 = ship/hand = \$1,500.00

Describe Plans & Activities

% Completed: 25
 Only 2 Turnouts received in 2017-18. (07/20/2018)

Reporting Year: 2017-18

% Completed: 100

To provide training allowing students to achieve CPR Training and Certification (07/20/2018)

Unit Goals

Resources Needed

Where We Make an Impact: Closing the Loop on Goals and Plans

Supported: To allow for student success in meeting First Aid/CPR SLO's.

Lead: Ruby Rojas

One-Time Funding Requested (if applicable): 3321

Planning Unit Priority: High

Full Funding Requested - A set of York Barbells

Describe Plans & Activities

Supported: Most used equipment Must be replaced. Bags have a lifespan of 2-3 years

Lead: Clark Maloney

One-Time Funding Requested (if applicable): 2400

Type of Request: Instructional Equipment

Planning Unit Priority: High

What would success look like and how would you measure it?: Increase in student success

Full Funding Requested - 5 weighted vests

Describe Plans & Activities

Supported: Provides full participation when training and development in class

Lead: Clark Maloney

One-Time Funding Requested (if applicable): 720

Type of Request: Instructional Supplies

Planning Unit Priority: High

What would success look like and how would you measure it?: Increase in student performance and success

Full Funding Requested - 2 sets of Medicine Balls

Describe Plans & Activities

Unit Goals

Resources Needed

Where We Make an Impact: Closing the Loop on Goals and Plans

Supported: Enables students to increase speed and conditioning levels

Lead: Clark Maloney

One-Time Funding Requested (if applicable): 1200

Type of Request: Instructional Equipment

Planning Unit Priority: High

What would success look like and how would you measure it?: Enable student improvement and success

Full Funding Requested - 12 dozen Diamond Softballs

Describe Plans & Activities

Supported: Equipment needed to provide student improvement and success to achieve student learning outcomes.

Lead: Ruby Rojas

One-Time Funding Requested (if applicable): 787

Type of Request: Instructional Supplies

Planning Unit Priority: High

What would success look like and how would you measure it?:

Equipment needed to provide student improvement and success to achieve student learning outcomes.

Full Funding Requested - 12 dozen Sterling Status softballs

Describe Plans & Activities

Supported: Equipment needed to enable student improvement and success.

Lead: Ruby Rojas

One-Time Funding Requested (if applicable): 683

Type of Request: Instructional

Unit Goals

Resources Needed

Where We Make an Impact: Closing the Loop on Goals and Plans

Supplies
Planning Unit Priority: High
What would success look like and how would you measure it?: Student improvement and success in achieving SLO's.
Full Funding Requested - 24 Easton Bats
Describe Plans & Activities
Supported: Enable student improvement and success.
Lead: Ruby Rojas
One-Time Funding Requested (if applicable): 4200
Type of Request: Instructional Supplies
Planning Unit Priority: High
What would success look like and how would you measure it?: Student improvement in skill development to meet course SLOs
Full Funding Requested - 24 Easton Helmets
Describe Plans & Activities
Supported: Provide safety for students and enabling student performance and success
Lead: Ruby Rojas
One-Time Funding Requested (if applicable): 1440
Type of Request: Instructional Supplies
Planning Unit Priority: High
What would success look like and how would you measure it?: Provides safety and enables student improvement and success in attaining SLOs.
Full Funding Requested - 2 sets of Easton Catcher's Gear

Unit Goals

Resources Needed

Where We Make an Impact: Closing the Loop on Goals and Plans

Describe Plans & Activities

Supported: Safety equipment needed to provide student improvement and success.

Lead: Ruby Rojas

One-Time Funding Requested (if applicable): 400

Type of Request: Instructional Supplies

Planning Unit Priority: High

What would success look like and how would you measure it?: Provide student safety and improvement to meet course SLOs.

Full Funding Requested - 12 J Bands

Describe Plans & Activities

Supported: Equipment needed to prevent shoulder injury and enable student success.

Lead: Ruby Rojas

One-Time Funding Requested (if applicable): 410

Type of Request: Instructional Supplies

Planning Unit Priority: High

What would success look like and how would you measure it?: Equipment prevents injury and enables student improvement success allowing student to achieve course SLOs.

Full Funding Requested - 1 Human Skeleton

Describe Plans & Activities

Supported: Needed to educate students and enable student success in achieving course SLOs.

Lead: Ruby Rojas

One-Time Funding Requested (if

Unit Goals

Resources Needed

Where We Make an Impact: Closing the Loop on Goals and Plans

applicable): 874

Type of Request: Instructional Equipment

Planning Unit Priority: High

What would success look like and how would you measure it?: Needed to educate students and enable student success in achieving course SLOs.

Full Funding Requested - 2 XP Self Defense Instructor Red Man suit

Describe Plans & Activities

Supported: Needed for Women's Self Defense to improve skill development

Lead: David Rivera

One-Time Funding Requested (if applicable): 3325

Type of Request: Instructional Equipment

Planning Unit Priority: High

What would success look like and how would you measure it?: Student improvement is skill development to meet course SLOs.

Full Funding Requested - 1 Tumble Track Air Floor PRO 9 m length

Describe Plans & Activities

Supported: Promotes safety and confidence for students and allows students to progress with skill development.

Lead: RG Ignacio

One-Time Funding Requested (if applicable): 3770

Type of Request: Instructional Equipment

Planning Unit Priority: High

What would success look like and how would you measure it?:

Unit Goals

Resources Needed

Where We Make an Impact: Closing the Loop on Goals and Plans

Promotes safety and confidence for students and allows students to progress with skill development to achieve course SLOs.

Full Funding Requested - 200 Plastic Golf Balls

Describe Plans & Activities

Supported: Enable student improvement in full long range swings to meet course SLOs.

Lead: Greg Osbourne

One-Time Funding Requested (if applicable): 135

Type of Request: Instructional Supplies

Planning Unit Priority: High

What would success look like and how would you measure it?: Student improvement in full long range swings to meet course SLOs.

Full Funding Requested - 3 G

Volcano foam Rollers

Describe Plans & Activities

Supported: Prevent injuries and enable student skill improvement to meet course SLOs.

Lead: Liz Ward

One-Time Funding Requested (if applicable): 112

Type of Request: Instructional Supplies

Planning Unit Priority: High

What would success look like and how would you measure it?: Prevent injuries and enable student skill improvement to meet course SLOs.

Full Funding Requested - 3 Round

Rung Agility Ladder

Describe Plans & Activities

Supported: Ladder provides speed

Unit Goals

Resources Needed

Where We Make an Impact: Closing the Loop on Goals and Plans

work for students and enables student success in achieving course SLOs.

Lead: Liz Ward

One-Time Funding Requested (if applicable): 207

Type of Request: Instructional Supplies

Planning Unit Priority: High

What would success look like and how would you measure it?: Ladder provides speed work for students and enables student success in achieving course SLOs.

Full Funding Requested - 2 Yellow Training Hurdles

Describe Plans & Activities

Supported: Hurdles provide speed work for students and enables student success in achieving course SLOs.

Lead: Liz Ward

One-Time Funding Requested (if applicable): 109

Type of Request: Instructional Supplies

Planning Unit Priority: High

What would success look like and how would you measure it?: Hurdles provide speed work for students and enables student success in achieving course SLOs.

Full Funding Requested - 2 Orange TrainingHurdles

Describe Plans & Activities

Supported: Hurdles provide speed work for students and enables student success in achieving course SLOs.

Lead: Li z Ward

Unit Goals

Resources Needed

Where We Make an Impact: Closing the Loop on Goals and Plans

One-Time Funding Requested (if applicable): 120

Type of Request: Instructional Supplies

Planning Unit Priority: High

What would success look like and how would you measure it?: Hurdles provide speed work for students and enables student success in achieving course SLOs.

Full Funding Requested - 3 sets of Green plastic cones

Describe Plans & Activities

Supported: Cones provide speed work for students and enables student success in achieving course SLOs.

Lead: Liz Ward

One-Time Funding Requested (if applicable): 77

Planning Unit Priority: High

What would success look like and how would you measure it?: Cones provide speed work for students and enables student success in achieving course SLOs.

Full Funding Requested - 2 10-Gallon Gatorade Coolers

Describe Plans & Activities

Supported: Provide proper hydration for students enabling student success.

Lead: Liz Ward

One-Time Funding Requested (if applicable): 207

Type of Request: Instructional Supplies

Planning Unit Priority: High

What would success look like and how would you measure it?: Provide

Unit Goals

Resources Needed

Where We Make an Impact: Closing the Loop on Goals and Plans

proper hydration for students enabling student success.
Full Funding Requested - 20 pairs of Kneepads
Describe Plans & Activities
Supported: Provides safety for students agility testing.
Lead: Liz Ward
One-Time Funding Requested (if applicable): 315
Type of Request: Instructional Supplies
Planning Unit Priority: High
What would success look like and how would you measure it?:
Provides safety for students performing agility test and enables student success in agility testing.

Full Funding Requested - 2 16' Roof Ladders
Describe Plans & Activities
Supported: Enables student success in graduating from the Fire Academy
Lead: Liz Ward
One-Time Funding Requested (if applicable): 874
Type of Request: Instructional Supplies
Planning Unit Priority: High
What would success look like and how would you measure it?: Enables student success in graduating from the Fire Academy.

Full Funding Requested - 40 Reflective Vests
Describe Plans & Activities
Supported: Provide safety for students running in the dark early mornings and provide student success.

Unit Goals

Resources Needed

Where We Make an Impact: Closing the Loop on Goals and Plans

Lead: Liz Ward
One-Time Funding Requested (if applicable): 271
Type of Request: Instructional Supplies
Planning Unit Priority: High
What would success look like and how would you measure it?: Provide safety for students running in the dark early mornings and provide student success.

Full Funding Requested - MATRIX
U5X Upright Cycle
Describe Plans & Activities
Supported: Replacement of old stationary bike and provide student success in meeting course SLOs.

Lead: KC Kranz
One-Time Funding Requested (if applicable): 2800
Type of Request: Instructional Equipment
Planning Unit Priority: High
What would success look like and how would you measure it?: Replacement of old stationary bike and provide student success in meeting course SLOs.

Full Funding Requested - 1 Hoist
Chin/Dip RS 1700
Describe Plans & Activities
Supported: Replacement of old chin/dip hoist and provide student success in meeting course SLOs.
Lead: KC Kranz
One-Time Funding Requested (if applicable): 4930
Type of Request: Instructional Equipment
Planning Unit Priority: High

What would success look like and how would you measure it?:

Replacement of old chin/dip hoist and provide student success in meeting course SLOs.

Full Funding Requested - 2 Run

Excite 600 UL LED Treadmills

Describe Plans & Activities

Supported: Replacement of old treadmills and provide student success in meeting course SLOs.

Lead: KC Kranz

One-Time Funding Requested (if applicable): 12412

Type of Request: Instructional Equipment

Planning Unit Priority: High

What would success look like and how would you measure it?:

Replacement of old treadmills and provide student success in meeting course SLOs.

Full Funding Requested - 1 Life

Fitness Dual Adjustable Pully

Describe Plans & Activities

Supported: Replace outdated equipment and allow for student improvement and success enabling student achievement of course SLOs.

Lead: Bob Jastrab

One-Time Funding Requested (if applicable): 5500

Type of Request: Instructional Equipment

Planning Unit Priority: High

What would success look like and how would you measure it?:

Replace outdated equipment and allow for student improvement and success enabling student achievement of

Unit Goals

Resources Needed

Where We Make an Impact: Closing the Loop on Goals and Plans

course SLOs.

Full Funding Requested - 36 Weights ranging from 5 - 45 lbs.

Describe Plans & Activities

Supported: Replace outdated equipment and allow for student improvement and success enabling student achievement of course SLOs.

Lead: Bob Jastrab

One-Time Funding Requested (if applicable): 2200

Type of Request: Instructional Supplies

Planning Unit Priority: High

What would success look like and how would you measure it?: Replace outdated equipment and allow for student improvement and success enabling student achievement of course SLOs.

Full Funding Requested - 3 Beast

Band Packs

Describe Plans & Activities

Supported: Increase student flexibility and enable student success in achieving course SLOs.

Lead: Bob Jastrab

One-Time Funding Requested (if applicable): 940

Type of Request: Instructional Supplies

Planning Unit Priority: High

What would success look like and how would you measure it?: Increase student flexibility and enable student success in achieving course SLOs.

Full Funding Requested - 1 Troy

Dumbbells set ranging from 55 - 100 lb.

Describe Plans & Activities

Unit Goals

Resources Needed

Where We Make an Impact: Closing the Loop on Goals and Plans

Supported: Replace outdated equipment and allow for student improvement and success enabling student achievement of course SLOs.

Lead: Bob Jastrab

One-Time Funding Requested (if applicable): 2500

Type of Request: Instructional Equipment

Planning Unit Priority: High

What would success look like and how would you measure it?: Replace outdated equipment and allow for student improvement and success enabling student achievement of course SLOs.

Full Funding Requested - 8 Rogue Bars

Describe Plans & Activities

Supported: Replace outdated equipment and allow for student improvement and success enabling student achievement of course SLOs.

Lead: Bob Jastrab

One-Time Funding Requested (if applicable): 2800

Type of Request: Instructional Supplies

Planning Unit Priority: High

What would success look like and how would you measure it?: Replace outdated equipment and allow for student improvement and success enabling student achievement of course SLOs.

Full Funding Requested - 8 Rogue Barbell Collars

Describe Plans & Activities

Supported: Provide safety for students enabling student

Unit Goals

Resources Needed

Where We Make an Impact: Closing the Loop on Goals and Plans

improvement and success.

Lead: Bob Jastrab

One-Time Funding Requested (if applicable): 485

Type of Request: Instructional Supplies

Planning Unit Priority: High

What would success look like and how would you measure it?: Provide safety for students enabling student improvement and success.

Full Funding Requested - 4 (4 x 6)
Deluxe European Club Soccer Goal
thumb ID 2B3001

Describe Plans & Activities

Supported: Small Soccer Goal- To meet SLO testing on passing accuracy on 10-15 yards.- Also to teach Defensive tactics to shift to two small goals

Lead: Juan Sanchez

One-Time Funding Requested (if applicable): 5463

Type of Request: Instructional Equipment

Planning Unit Priority: High

What would success look like and how would you measure it?: Small Soccer Goal- To meet SLO testing on passing accuracy on 10-15 yards.- Also to teach Defensive tactics to shift to two small goals

Full Funding Requested - 20 Adidas
Soccer Balls

Describe Plans & Activities

Supported: Equipment required to meet SLO's technical skills.

Lead: Juan Sanchez

One-Time Funding Requested (if applicable): 544

Unit Goals

Resources Needed

Where We Make an Impact: Closing the Loop on Goals and Plans

Type of Request: Instructional Supplies

Planning Unit Priority: High

What would success look like and how would you measure it?:

Equipment required to meet SLO's technical skills.

Full Funding Requested - 3 SKLZ PRO

Agility Poles

Describe Plans & Activities

Supported: Training Poles to meet SLO warm-ups (dynamic movements) enabling student success.

Lead: Juan Sanchez

One-Time Funding Requested (if applicable): 261

Type of Request: Instructional Supplies

Planning Unit Priority: High

What would success look like and how would you measure it?: Training

Poles to meet SLO warm-ups (dynamic movements) enabling student success.

Full Funding Requested - 2 SKLZ

GOALSHOT

Describe Plans & Activities

Supported: Goalshot will help to develop accuracy in shooting on goals and helps with SLO testing

Lead: Juan Sanchez

One-Time Funding Requested (if applicable): 707

Type of Request: Instructional Supplies

Planning Unit Priority: High

What would success look like and how would you measure it?:

Goalshot will help to develop

| <i>Unit Goals</i> | <i>Resources Needed</i> | <i>Where We Make an Impact: Closing the Loop on Goals and Plans</i> |
|--|--|---|
| | accuracy in shooting on goals and helps with SLO testing | |
| <p>Proficiency - Continue to create curriculum that provides for proficiency development through leveled courses</p> <p>Status: Active</p> <p>Goal Year(s): 2016-17, 2017-18, 2018-19</p> <p>Date Goal Entered (Optional): 09/01/2016</p> | <p>Completed - Create KIN 34 Distance Learning class</p> <p>Lead: Melinda Bowen</p> <p>Type of Request: Professional Development</p> <p>Planning Unit Priority: High</p> | <p>Reporting Year: 2017-18</p> <p>% Completed: 100</p> <p>KIN 34 Distance Learning curriculum completed and course offered in 2017-2018 academic year. (09/09/2018)</p> |
| | <p>No Funding Requested - Professional Development</p> <p>Describe Plans & Activities Supported: Creation of KIN 3 Distance Learning course.</p> <p>Lead: Rubilena Rojas</p> <p>Type of Request: Professional Development</p> <p>Planning Unit Priority: High</p> | |
| <p>Update Technology - Update Technology related to performance assessment - Systematically improve the technology used in classrooms that assist in the evaluation of student performance</p> <p>Status: Active</p> <p>Goal Year(s): 2015-16, 2016-17, 2017-18</p> | | |
| <p>Curriculum - Create and update KIN Theory and Activity Curriculum</p> <p>Status: Active</p> <p>Goal Year(s): 2017-18, 2018-19</p> <p>Date Goal Entered (Optional): 07/20/2018</p> | <p>Report directly on Goal</p> | <p>Reporting Year: 2017-18</p> <p>% Completed: 100</p> <p>KIN 34 Distance Learning curriculum created and implemented. DL KIN 34 offered in 2018. (07/20/2018)</p> <hr/> <p>Reporting Year: 2017-18</p> <p>% Completed: 100</p> <p>Create Distance Learning (Hybrid) Curriculum for KIN 3. (07/20/2018)</p> |