

EOPS/CARE Counselors

Full-Time: Urias Garcia, Carolyn Lake-Bain, Tony Rivas, and Hector Sanchez

Adjunct: Jazmin Hurtado, Lupita Jimenez, Nigel Leos, Luzolo Luzombe, Alyssa Martinez, and Selene Roman

FUNtastic Activity!

Me Empower

You were given a word

Find your pair with the same word and stand by their side

Get ready to ...

We Inform

... Spill the Tea!

(a little conversation starter...)

- Something new at your campus or organization?
- Last EMOJI you used and why?
- Last show you binge watched on a streaming device?
- Chewy or crunchy chocolate chip cookie?
- Plain M&M's or Peanut M&M's?
- What is your biggest pet peeve?
- Valid Covid-19 question: Do you still have toilet paper stocked up from March 2020?



We Create Safe Spaces

Now that you've spilled the tea...

- Return to your original seat
- Hold on to the word given to you

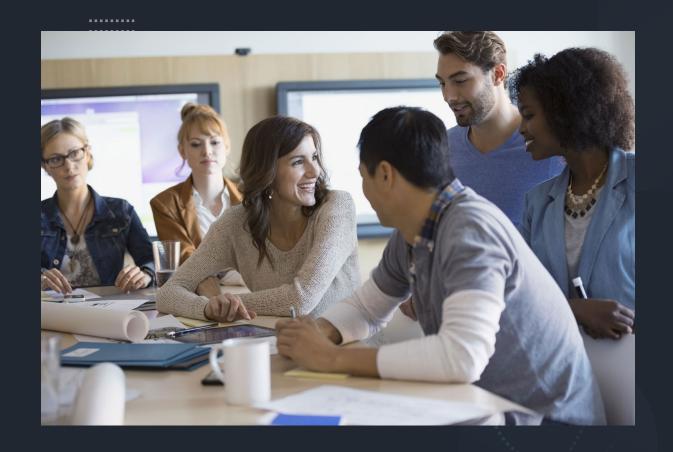


We Support

We Advocate

We Empathize

Now, tell us a Little About *Yourselves*...

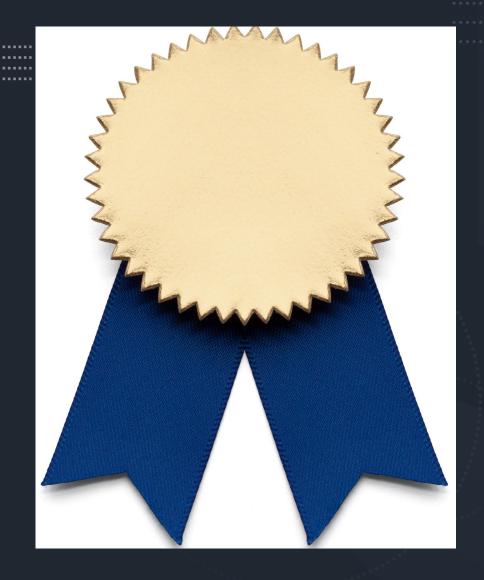


We Listen

We Encourage

Congratulations!

By starting to tell us a little bit about yourself, you've just completed a **Counseling Contact** with a EOPS/CARE Counselor!

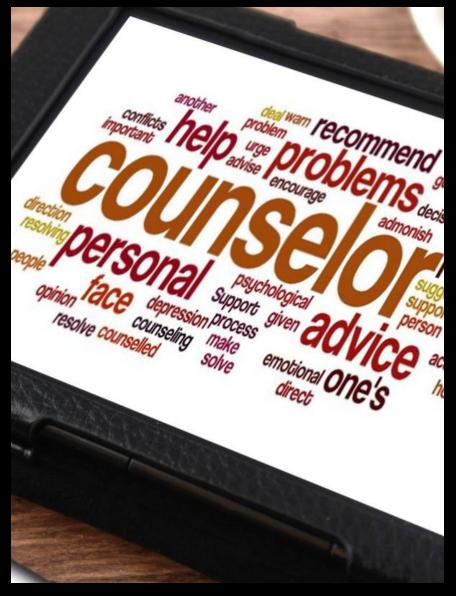


We create access/opportunity

Now, a little About US EOPS/CARE Counselors...

- 55+ years of Counseling experience!
- Accessible and comprehensive counseling support
- Diverse team of counselors
- Help adjunct counselors get full-time employment
- Celebrate student accomplishments with students
- Embody the spirit of our EOPS mission
- Uplift and value each team member

We Guide



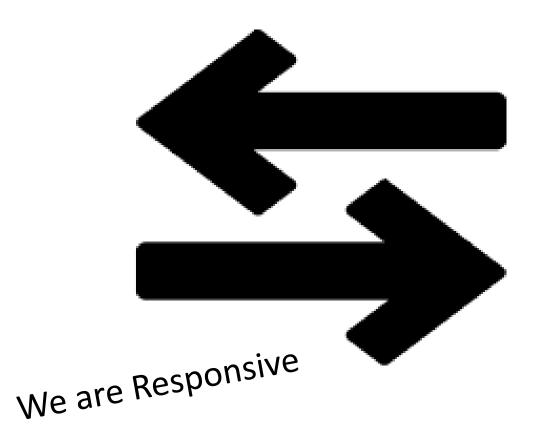
We Advise



So, as Advisory Members, we have a common mission to...

Cultivate transformative relationships with students







We Validate



Nicholas Sparks

EOPS/CARE Counseling wants to let you know that We appreciate YOU!